



**Internship Triannual Report
January - June 2022**



**Leading My Life:
Healthy Brains, Bodies, & Bank Accounts**

June 2022

Happy Summer!

We made it. The experiment we started in January worked--at least the first part! Thanks to valuable feedback from last year's Interns and the entire TGG Staff, the Internship Team made the bold move this year to divide what had been, for eight years, a nine-month internship. From this January to June, about 40 Interns explored what it means to be leaders in their own lives: physically, mentally, and financially.

The first of three internships, LEADING MY LIFE: HEALTHY BRAINS, BODIES, & BANK ACCOUNTS, gives high school students much-needed life and job skills in the areas of nutrition and culinary training, mental health and self-efficacy, financial literacy and leadership.

Our renewed interest-based, asset-based, values-driven, project-based approach--along with, of course, an incredible group of Interns--contributed to an overall 90% completion rate, with over half of these Interns continuing on to the summer internship, LEADING FOR JUSTICE: FOOD SOVEREIGNTY & URBAN GARDENING, where they will be joined by 25 new colleagues. Together, they will develop their leadership skills for the community, learning not only how to be urban gardeners but also food justice advocates and activists.

We can't wait to see what they accomplish!

Sincerely,

**Dominic Inouye
Internship Director**

**Paula Lovo
Southside Educator**

**Ryan Smith
Northside Educator**



134
high school
applicants

Increased retention rate* attributed to:

- 4-month vs. 9-month internship
- Interest-based recruitment model
- Hybrid virtual/in-person sessions
- Engaging community partners
- Asset-based, values-driven, project-based curriculum

24
Northside
interns
hired

17
Southside
interns
hired

92%
completion
rate

88%
completion
rate

75%
continuing on
to Internship 2

* 2021 retention rate of 63%
at end of 9-month internship

18 Milwaukee high schools represented

Augustine Prep
Atlas Prep
Bradley Tech
Carmen Northwest
Carmen South
Cristo Rey Jesuit
Escuela Verde
Hamilton
Howard Fuller
James Madison
Messmer
Milwaukee School of
Languages
Pathways
Pius XI
Reagan
Riverside
Rufus King
Shorewood

9th grade = 15

10th grade = 10

11th grade = 12

12th grade = 2



3

field trips

**Adventure Rock,
Havenwoods State Park,
+ Three Bridges Park**

6

**storytelling
workshops**

Ex Fabula
w/ Michaela Lacy + Shannon Sloan-Spice

1

**storytelling
event**

Food As Story
@ PEAK Initiative

5

**guest
culinary
trainings**

**FoodRight + Funky Fresh
Spring Rolls**
w/ Stephani Meyer, Molly
Higgins, + Trueman McGee

7

**guest
nutrition
lessons**

**Perseverance Health & Wellness
Coaching + Sixteenth Street
Community Health Center**
w/ Bridgett Wilder

1

**supermarket
challenge**

\$25/meal for family of 4
@ Metro Market + Cermac

1

**intern
cookbook**
(under construction)

**Recipes, Art, Stories, +
Activities**
by Intern Committees

7

**financial
literacy
trainings**

**Secure Futures +
Educators Credit Union**
Money Coach + Reality Check programs

4

growth talks

**Sharing praise +
areas for improvement**
once per month



RESILIENCE IN ACTION.

On the last day of their two-week orientation, the Northside and Southside cohorts conquered the rock walls--and their fears--at Adventure Rock on the east side of Milwaukee.



FOOD AS STORY.

On the last day of their two-week storytelling training from Ex Fabula, many of the interns took the stage to share their personal and cultural food stories. They were joined by four guest storytellers: Kavon Cortez Jones, Nicole Acosta, Andre Lee Ellis, and Jennifer Morales.



HEALTHY MEAL FOR UNDER \$25.

As the culmination of their many nutrition and cooking classes, interns shopped, cooked, and served a healthy meal for four, demonstrating that good nutrition doesn't have to be expensive. Winners in 8 categories won the first annual Spicy Awards!



COOKBOOK UNDER CONSTRUCTION.

The interns began the process of collecting their recipes, nutrition facts labels, photos, stories, and activities into a virtual cookbook that can be passed from one internship to the next and added to until its "ready" for print, marketing, and sales.

Welcome to the summer Interns!



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